

General Team Rules USD 284

1. No one will be allowed to participate in a practice sports without a signed, completed physical form in the possession of school personnel.
2. We recommend that all participants have a signed medical release form on file. If parents do not sign this form it is their responsibility to be available during all practices and games in case of injury.
3. All students who participate in KSHSAA sponsored activities must agree to drug testing, complete and sign a consent form for the random drug testing policy adopted by the BOE.
4. Any person, who chooses to become a member of an activities group or team, will agree to follow USD 284 and KSHSAA policies associated with drugs, alcohol and tobacco 7 days a week and 24 hours per day. Any participant known to have broken these policies will be held accountable according to USD 284 and KSHSAA policy.
5. Participation in extracurricular activities is a privilege available to all students in good standing within students of USD 284. As a member of a school group, a person represents themselves, the group and the school itself. It is important that each participant adhere to accepted standards of good conduct and sportsmanship.
6. Participants will be expected to ride to team/group bus to contests. It is also recommended that they ride home on the bus when possible in effort to build unity as much as possible. If a person is not going to ride the bus home the following procedures will be followed.
Only a parent or guardian may sign the student out at the site of a game or performance. Immediate family members, including grandparents and siblings, cannot sign out players.
If a participant is to ride home with someone other than the parent or guardian, they must have prior approval in writing from the principal. If this documentation is not obtained the student will ride the bus.
7. Sports players are expected to attend practice each day that they attend school. Part of being a member of a team is making a commitment to a common goal. In order to achieve this, athletes should make the best effort to attend each practice. If a player is going to miss a practice, they should notify a coach in person before the time of the practice. In order for the absence to be excused the player needs to present a signed and dated note stating that the parent was aware of the child's absence. The following consequences will apply to unexcused absences.

- 1 unexcused absence -- Extra Conditioning
- 2 Unexcused absences—1 competition suspension
- 3 Unexcused absences – Indefinite suspension until reinstated by the coach

Participant Signature _____ Date _____

Parent Signature _____ Date _____