

# October

## CCES Lunch Menu

| Sunday    | Monday  | Tuesday   | Wednesday  | Thursday   | Friday  | Saturday   |
|-----------|---|---|--|--|---|--|
|           | <b>1</b><br>BBQ Mr. Rib<br>Oven Fries<br>Pepper Strips<br>Hot Roll<br>Fruit & Milk                    | <b>2</b><br>Super Nachos<br>Refried Beans<br>Steamed Broccoli<br>Fruit & Milk                               | <b>3</b><br>Biscuit & Gravy<br>Sausage Patty<br>Tri Tator<br>Cherry Tomatoes<br>Fruit & Milk | <b>4</b><br>Goulash<br>Garden Salad<br>Carrot Sticks<br>Garlic Bread<br>Fruit & Milk                           | <b>5</b><br>Deli Sandwich<br>WG Chihps<br>Lettuce<br>Tomato<br>Fruit & Milk   | <b>6</b>   |
| <b>7</b>  | <b>8</b><br>Chicken & Noodles<br>Mashed Potatoes<br>Corn<br>Hot Roll<br>Fruit & Milk                  | <b>9</b><br>Sloppy Joe on Bun<br>Sweet Potato Fries<br>Tossed Salad<br>Fruit & Milk                         | <b>10</b><br>Corndog<br>Baked Beans<br>Fresh Broccoli<br>Cucumbers<br>Cookie<br>Fruit & Milk | <b>11</b><br>Tater Tot Casserole<br>Seasoned Peas<br>WG Muffin<br>Fruit & Milk                                 | <b>12</b><br>Chicken Wraps<br>Lettuce/Tomato<br>Baby Carrots<br>Seasoned Rice<br>Fruit & Milk                                     | <b>13</b>  |
| <b>14</b> | <b>15</b><br>NO SCHOOL  | <b>16</b><br>Salisbury Steak<br>Mashed Potatoes<br>Gravy<br>Steamed Carrots<br>Biscuit<br>Fruit & Milk      | <b>17</b><br>Pulled Pork Sandwich<br>Creamy Coleslaw<br>Potato Wedges<br>Fruit & Milk        | <b>18</b><br>Spaghetti<br>Garden Salad<br>Green Beans<br>Garlic Bread<br>Fruit & Milk                          | <b>19</b><br>Taco Burger on Bun<br>Lettuce/Tomato<br>Refried Beans<br>Tomato Salsa<br>Fruit & Milk                                | <b>20</b>  |
| <b>21</b> | <b>22</b><br>Chicken Nuggets<br>Mashed Potatoes<br>Fresh Broccoli<br>Hot Roll<br>Fruit & Milk         | <b>23</b><br>Hamburger on Bun<br>Oven Fries<br>Lettuce/Tomato<br>Rice Krispy Treat<br>Fruit & Milk          | <b>24</b><br>Chicken Quesadillas<br>Black Bean Salsa<br>Corn<br>Fruit & Milk                 | <b>25</b><br>Pizza<br>Baby Carrots<br>Tossed Salad<br>Brownie<br>Fruit & Milk                                  | <b>26</b><br>NO SCHOOL  | <b>27</b>  |
| <b>28</b> | <b>29</b><br>White Chicken Chili<br>Celery Sticks<br>Cherry Tomatoes<br>Muffin<br>Fruit Salad<br>Milk | <b>30</b><br>Crispito w/Cheese<br>Steamed Broccoli<br>Pepper Strips<br>Tortilla Chips/Salsa<br>Fruit & Milk | <b>31</b><br>Hammies<br>Oven Fries<br>Carrot Sticks<br>Fruit & Milk                          | <b>VEGGIE BAR<br/>           OFFERED DAILY AS<br/>           ALTERNATE MEAL<br/>           FOR GRADES 4-12</b> | <b>THIS INSTITUTION<br/>           IS AN EQUAL<br/>           OPPORTUNITY<br/>           PROVIDER AND<br/>           EMPLOYER</b> | <b>MENUS ARE<br/>           SUBJECT TO<br/>           CHANGE</b> |